

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BIRTHDAY PARTIES 12:00 - 2:00pm 3:00 - 5:00pm	KIDS BJJ 5:30 - 6:15pm	MIGHTY MONKEYS 5:30 - 6:00pm	KIDS BJJ 5:30 - 6:15pm	MIGHTY MONKEYS 5:30 - 6:00pm	KIDS BJJ 5:30 - 6:15pm	NOGI 9:00 - 10:00am
	KIDS BJJ ADVANCED 6:15 - 6:45pm	MUAY THAI KIDS 6:15 - 7:00pm		MUAY THAI KIDS 6:15 - 7:00pm	KIDS BJJ ADVANCED 6:15 - 6:45pm	MUAY THAI KIDS 10:00 - 10:45am
	YOUTH BJJ 6:45 - 7:45pm	MUAY THAI KIDS ADVANCED 7:00 - 7:30pm	YOUTH BJJ 6:45 - 7:30pm	MUAY THAI KIDS FIGHT TEAM 7:00 - 7:30pm	YOUTH BJJ 6:45 - 7:45pm	MUAY THAI ADULT 11:00 - 12:00pm
	ADULT BJJ 8:00 - 9:00pm	ADULT & YOUTH OPEN TRAINING 7:30 - 8:30pm	ADULT BJJ 8:00 - 9:00pm	ADULT & YOUTH OPEN TRAINING 7:30 - 9:30pm	ADULT BJJ 8:00 - 9:00pm	BIRTHDAY PARTIES 1:00 - 3:00pm 4:00 - 6:00pm
	BJJ & MUAY THAI OPEN TRAINING 11:00 - 12:30pm			BJJ & MUAY THAI OPEN TRAINING 11:00 - 12:30pm		

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BIRTHDAY PARTIES 12:00 - 2:00pm 3:00 - 5:00pm	KIDS BJJ 5:30 - 6:15pm	MIGHTY MONKEYS 5:30 - 6:00pm	KIDS BJJ 5:30 - 6:15pm	MIGHTY MONKEYS 5:30 - 6:00pm	KIDS BJJ 5:30 - 6:15pm	NOGI 9:00 - 10:00am
	MUAY THAI ADULT 6:30 - 7:30pm	MUAY THAI KIDS 6:15 - 7:00pm	MUAY THAI ADULT 6:30 - 7:30pm	MUAY THAI KIDS 6:15 - 7:00pm	MUAY THAI ADULT 6:30 - 7:30pm	MUAY THAI KIDS 10:00 - 10:45am
		MUAY THAI KIDS ADVANCED 6:45 - 7:15pm	MUAY THAI ADULT ADVANCED 7:30 - 8:00pm	MUAY THAI ADULT 7:30 - 8:00pm		MUAY THAI ADULT 11:00 - 12:00pm
		ADULT & YOUTH OPEN TRAINING 8:30 - 9:30pm		ADULT & YOUTH OPEN TRAINING 8:00 - 9:30pm		BIRTHDAY PARTIES 1:00 - 3:00pm 4:00 - 6:00pm
	BJJ & MUAY THAI OPEN TRAINING 11:00 - 12:30pm			BJJ & MUAY THAI OPEN TRAINING 11:00 - 12:30pm		